

If you are having me speak on the topics related to Nursing from Within™, please introduce me in the following way:

“Spiritual Practice Nurse, Elizabeth Scala, is on a mission to shift the profession of nursing from the inside out.

Individuals typically enter their nursing careers with a desire to provide compassionate, heart-based care. Challenged by regulations, financial pressures and technological advancements, today's nurse struggles to balance the art with the science of nursing.

As an author of several books, conference host, and workshop facilitator Elizabeth inspires nursing teams to reconnect with the passionate and fulfilling joy that once called them to their roles.

Elizabeth is also a certified coach and Reiki (pronounced Ray-Kee) Master Teacher. She lives in Maryland with her supportive husband and playfully, silly pit bull. When Elizabeth's not speaking to or teaching other nurses you can find her enjoying nature, relaxing on the beach, practicing Yoga or dancing to her favorite jam band, moe.

Today Elizabeth is here to share how we can reconnect to our nurse within. Please join me in welcoming our guest, Elizabeth Scala.”

If you are having me speak on a topic related to Reiki Practice, please introduce me in the following way:

“How would you like to have a modality in your self-care tool kit that is easy, convenient and accessible to you at all times? How would you like to feel more clarity, confidence and peace of mind?”

Well you’re in luck. In today’s breakout session, Reiki (pronounced Ray-Kee) Master Teacher Elizabeth Scala will introduce us to this holistic practice.

Elizabeth has trained in Reiki I, II and Advanced Level Reiki and is a Reiki Master Teacher in the Usui (pronounced Ya-Sue-Ee) and Karuna systems. Elizabeth has presented, shared, and taught Reiki to nurses in and out of the hospital setting. She hosts monthly Reiki share circles and practices self-treatment on a daily basis.

Please join me in welcoming, Reiki Master Teacher Elizabeth Scala.”

If you are having me speak on a topic related to my work as a nurse entrepreneur, please introduce me in the following way:

“Welcome to our presentation today. What a wonderful event; let’s keep the energy and momentum going.

Elizabeth Scala joins us, this time wearing her nurse entrepreneur hat. As a successful business owner for the past three years, Elizabeth has been connecting with thousands of nurses around the world.

Maintaining her award winning blog, broadcasting two internet radio shows, hosting several virtual conferences and travelling the country speaking to nurses on resilience, career engagement and holistic practice- these are just some of the ways that Elizabeth truly walks her talk.

As a nurse entrepreneur, she has taken the marketing, social, and technical skills and successfully brought them to nursing groups in a variety of venues. Today she is here to share with us how we can invite our nurse within to come out and shine in a really big way.

Join me in welcoming our guest, Elizabeth Scala.”