



## KEYNOTE SPEAKER | BEST SELLING AUTHOR NURSE'S WEEK PROGRAM HOST

Elizabeth Scala, MSN/MBA, RN is a holistic role-model of total wellbeing. With her youthful energy, entertaining flare for fun, and engaging delivery of highly resourceful content she provides upbeat experiences for audiences worldwide. Elizabeth's work has been referred to as funny and innovative in a way that connects with any diverse group of nurses or nursing students.

Experience the positive enthusiasm of a live presentation by Elizabeth. She will rekindle your passion for nursing, a fire that starts within. As Elizabeth takes pride in walking her talk, she teaches inner shifts that result in lasting change.

Elizabeth received her dual master's degree from Johns Hopkins University. She is also a certified coach and Reiki Master Teacher. Elizabeth lives in Maryland with her supportive husband and a playful pit bull.

"Your presentation was very good and served as tonic for us. It is always helpful to get staff to stop and smell the roses in order to understand that we own, take charge and can be deliberate about creating a positive environment. Thank you!"

***Katie Boston-Leary,***

***CNO & Senior VP of Patient Care Services, Union Hospital***

"I'm so grateful for your session which gave us practical tools and ways to make wellness a priority for ourselves. I strongly encourage and recommend students and nurses to learn as much as they can about how to take control of their lives and live healthy from Elizabeth!"

***Anastasia Valentino,***

***State President of Maryland Association of Nursing Students***

"Elizabeth, there is something about your personality and delivery that is calming, supportive, loving, caring and relaxing. I am sure it is in part due to your passion for what you are doing, but I so thoroughly enjoy listening to you."

***Donna Barnett, RN***  
***San Francisco Bay Area***

### POPULAR KEYNOTES INCLUDE:

- *Reconnect with the Art of Nursing: Prevent Burnout through Nursing from Within*
- *Embrace the Nurse Within: A FASTrack to Total Well-Being*
- *Nursing from Within: Essential Steps to the Nursing Career You Enjoy*
- *Our Nursing Role in Self-Care: Reiki as a Self-Empowerment Tool*

### A PARTIAL CLIENT LIST INCLUDES:

- *Carolinas HealthCare System*
- *WellStar Health System*
- *Resurrection University School of Nursing*
- *Clinical Nurse Leader Association*
- *South Dakota Nurses Association*
- *Union Hospital*
- *Chelsea Senior Living Nursing Leadership*
- *Association of PeriAnaesthesia Nurses*



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