

# A NURSES PODCAST

# ournext

# Shift

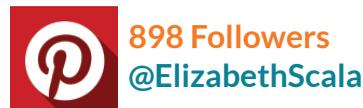
Elizabeth Scala MSN/MBA, RN



The Your Next Shift Nursing Career Podcast offers a dynamic listening experience. Host Elizabeth Scala, MSN/MBA, RN has strategically crafted a program that provides both practical strategies and inspiring nursing career stories. Guest interviews illustrate the importance of showing up as ourselves in our work, while giving us concrete methods to do so. Your Next Shift, which informs, educates and up-levels our nursing career, certainly is cutting edge in the healthcare environments of today.

## About My Audience

Elizabeth's online community of over 15,000 nurses has allowed her to teach the nurse burnout prevention lessons in the real world of professional nursing and their rapidly changing healthcare environment.



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## Monthly Blog Stats

## About Elizabeth Scala

Keynote speaker and Nurse's Week program host, Elizabeth Scala MSN/MBA, RN, partners with hospitals, nursing schools, and nurse associations to transform nursing from the inside out. As the bestselling author of 'Nursing from Within', Elizabeth guides nurses and nursing students to a change in perspective, helping them make the inner shifts needed to better maneuver the sometimes-challenging realities of being a caregiver. Elizabeth received her dual master's degree from Johns Hopkins University. She is also a certified coach and Reiki Master Teacher. Elizabeth lives in Maryland with her supportive husband and playfully, silly pit bull.



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## Sample Episodes

The Your Next Shift Nursing Career Podcast has been on the air for over 125 episodes. Launched weekly, nurses enjoy this 25-minute or less podcast on their way to work. You can access and listen to past episodes by visiting the Your Next Shift website.

## iTunes Reviews:

“Enjoying Listening!” by NicoleRN “I am loving hearing about my colleagues...their successes, challenges, and opportunities. These podcasts acknowledge and honor the work of nurses across the profession. They are fun and easy to listen to and I always glean new insights, inspiration, and new LOVE for the life of nursing!”

“On point!” by Marie Shanahan “Elizabeth really gets it. She’s a nurse’s nurse sharing our dreams, accomplishments, and sore spots all with insight and good humor.”

“I never miss an episode!” by IvannaF89 “This podcast is encouraging and interesting. Elizabeth is a very skilled host and the podcast is perfect to listen to on my way to/from work. Fantastic resource for driven and/or burned out nurses.”

## Interviewing Skills Feedback:

“Elizabeth Scala is gifted when it comes to natural conversation, and drawing stories out of her guests. She put me at ease immediately during our interview, and was a pleasure to talk to. It felt like we were just sitting in the living room catching up, though we’d never met. She’s an excellent asset to the nursing community, and I was fortunate to work with her.”  
-Sana Goldberg, RN, BSN, MSN (2019); Nurse & Author; [www.sanagoldberg.com](http://www.sanagoldberg.com)

“Elizabeth Scala is an astute interviewer! She put me at ease immediately for my first podcast interview. She asked several pertinent questions that made me ponder my professional nursing history and beyond! Her feedback after my answers was on target and exemplifies her keen sense of listening as well as clarification skills. She has a deep respect for Nurses and all things Nursing as well as the belief in the art and science of Nursing. Elizabeth is a gem!” -Susan J. Farese, MSN, RN; SJF Communications; [www.sjfcommuications.com](http://www.sjfcommuications.com)

“Elizabeth Scala is amazing! Recently, I was privileged to be a guest on her podcast, Your Next Shift. I could not believe what a gifted interviewer she was. I was so impressed by her ability to improvise and seamlessly connect my responses to her own experiences for the benefit of her listeners! I learned so much from her professionalism and her warm and casual style. Fan for life!” -Pamela DeWitt-Meza, RN, SANE-A, SANE-P; Founder, Create Impact Consulting

“Elizabeth, I’ve been on lots of radio shows and you do an amazing job. Brilliantly managed, clear, articulate, and succinct. This is your gift and where you belong in doing what you do. Thanks for inviting me on your show”. -Thomas A. Coss, HeartCloud

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